

SPORT	EVENT	INTENT TO PLAY DUE	ENTRIES DUE	EVENT DATE	REGISTRATION & OC TIME	LOCATION
<i>DUE IN THE REGION J OFFICE BY 4:00 PM ON THE DATE SHOWN--ATHLETES WILL BE SCRATCHED IF MEDICAL IS NOT VALID BY ENTRY DATE</i>						
<i>Dates are Subject to Change based on venue availability</i>						
WINTER GAMES						
SNOWSHOE	Region K Snowshoe (Region J attends)	none	December 7, 2024	January 4, 2025		Rend Lake
STATE WINTER GAMES	Alpine & Snowshoe	none	January 15, 2025	February 11-13, 2025		Galena
BASKETBALL						
BASKETBALL (Team)	Region J Shoot Out (exhibition)	none	December 4, 2024	January 5, 2025	8:00 AM	Okawville
	Region J Team Basketball Tournament	October 11, 2024	January 3, 2025	February 2, 2025	8 AM / 10 AM	Trenton
BASKETBALL (Individual Skills)	Region J Basketball Individual Skills	none	January 3, 2025	February 2, 2025	9 AM / 10 AM	Trenton
STATE BASKETBALL	Basketball Team & Individual Skills		February 5, 2025	March 7-9, 2025		Normal
IHSA and MIDDLE SCHOOL UNIFIED BASKETBALL						
HIGH SCHOOL UNIFIED BASKETBALL (Team)		November 6, 2024	February 12, 2025	March 13-14, 2025		TBD
MIDDLE SCHOOL		TBD	December 20, 2023	TBD	TBD	TBD
IHSA UNIFIED STATE BASKETBALL			none	March 13-14, 2025	TBD	Champaign
SUMMER GAMES						
ATHLETICS	Region J Spring Games	none	March 26, 2025	April 27, 2025	8 AM / 9:15 AM	Triad
	IHSA UNIFIED Track & Field	March 5, 2025	March 19, 2025	4/14 - 5/2, 2025		TBD
BOCCE			May 21, 2025	SUMMER GAMES		Bloomington
GYMNASTICS	Region J Gymnastics	none	TBD	TBD	TBD	TBD
POWERLIFTING	Region G Powerlifting - (no longer in Region J)	none	February 7, 2025	March 16, 2025	TBD	Bloomington
SOCCER (Team)	Region H Soccer Tournament	March 2, 2025	March 28, 2025	April 27, 2025	9:00 AM	Chatham
SOCCER (Individual Skills)	Region H Soccer Individual Skills	none	March 28, 2025	April 27, 2025	9:00 AM	Chatham
SWIMMING	Region J Swimming	none	February 26, 2025	March 29, 2025	9 AM / 9:40 AM	Edwardsville
STATE SUMMER GAMES	Athletics, Bocce, Gymnastics, Powerlifting, Soccer, Swimming	none	May 21, 2025	June 20-22, 2025		Normal
IHSA UNIFIED BASS FISHING						
IHSA STATE UNIFIED BASS FISHING	IHSA Unified Bass Fishing	February 28, 2025	May 28, 2025	June 6-7, 2025		Carlyle Lake
STATE SOFTBALL and STATE GOLF						
SOFTBALL (Team)	Region H Softball Tournament	none	June 26, 2024	July 26, 2025	8:00 AM	Springfield
SOFTBALL (Individual Skills)	Region H Softball Individual Skills	none	June 26, 2024	July 26, 2025	8:00 AM	Springfield
GOLF	Region J Golf (UNIFIED&TRAD)	none	July 1, 2025	August 1, 2025	8:15 AM / 8:45 AM	Edwardsville
GOLF (Individual Skills)	Region J Golf Individual Skills	none	July 1, 2025	August 1, 2025	9 AM / 9:45 AM	Edwardsville

STATE SOFTBALL and STATE GOLF	Golf, Golf Skills, Softball, Softball Skills	April 18, 2025	August 6, 2025	September 6-7, 2025		Decatur/Springfield
TENNIS						
Tennis (Traditional & Unified)	Region G Tennis (Region J attends)	none	May 23, 2025	June 29, 2025		Bloomington
FALL GAMES						
VOLLEYBALL (Team)	Region I Volleyball Tournament (UNIFIED&TRAD)	July 11, 2025	August 27, 2025	September 21, 2025	9:00 AM	Decatur
VOLLEYBALL (Individual Skills)	Region H Volleyball Individual Skills	none	TBA	TBA		Chatham
STATE FALL GAMES	Equestrian, Volleyball, Volleyball Skills	July 11, 2025	September 22, 2025	October 18-19, 2025		Rockford
FLAG FOOTBALL						
FLAG FOOTBALL	Region J Flag Football Qualifier - Mascoutah HS		August 27, 2025	September 28, 2025	8:30 AM / 9:30 AM	Mascoutah
STATE FLAG FOOTBALL	Flag Football	July 18, 2025	October 1, 2025	November 1, 2025	8:30 AM / 10:45 AM	Pekin
FLOOR HOCKEY						
FLOOR HOCKEY	State Floor Hockey	August 22, 2025	10/15/2025 or 10/22/2025	11/15/2025 or 11/22/2025		Bedford Park
UNIFIED SOCCER						
UNIFIED SOCCER	Southern Regional Unified Soccer		September 5, 2025	October 4, 2025		Chatham
STATE UNIFIED SOCCER	Chicago Fire Unified Soccer Invitational	none	TBD	November 1, 2025		Normal
BOWLING						
BOWLING	Region J Bowling	none	August 13, 2025	September 14, 2025	8:30 AM / 9:30 AM	Fairview Heights
BOWLING	Region J Southern Sectionals	none	September 24, 2025	October 26, 2025	8:30 AM / 9:30 AM	Fairview Heights
STATE BOWLING		none	November 5, 2025	December 6, 2025		Peoria
FUNDRAISERS						
Collinsville Dumpster Polar Plunge	Collinsville VFW			February 28, 2025	4pm/6pm	Collinsville
Carlyle Lake Polar Plunge	Carlyle Lake Main Beach			February 22, 2025	10 AM / 12 PM	Carlyle
Foz Ryan Golf Classic				May 23, 2025	TBD	Edwardsville